

FOR IMMEDIATE RELEASE

Enhance Your Pet's Life While Helping to Prevent Pet Overpopulation for National Spay Day

*NAPPS Encourages Pet Parents to Spay Their Pets in Honor of
Spay Day on February 28, 2012.*

MOUNT LAUREL, N.J. December 19, 2011 – In preparation for Spay Day 2012, the National Association of Professional Pet Sitters (NAPPS), a nonprofit trade association dedicated to promoting the welfare of animals, encourages pet parents to spay their pets to help them live longer, healthier lives. Commemorated on Tuesday, February 28, 2012, Spay Day is observed by the Humane Society of the United States and the Humane Society International as a time of education and awareness for pet parents and animal lovers.

Spay Day is recognized annually on the last Tuesday of February. Since its establishment by the Doris Day Animal League in 1995, over one million animals have been spayed or neutered. Unwanted and destructive behavior resulting from the urge to breed can be alleviated by spaying and neutering.

NAPPS encourages pet parents to consider the benefits of spaying and neutering pets:

- Spaying females early on reduces the risk of breast cancer and prevents uterine infections and uterine cancer.
- Neutering males prevents testicular cancer and reduces the risk for perianal tumors.
- Reduces the urge to roam to seek out hormonal scents. Approximately 80% of pets hit by cars are unneutered males.
- Ensures a happier household for multiple pet homes.
- Long term – saves pet parents money on vet care.

“Living with the negative demeanor of an unneutered pet can be frustrating for the pet and pet parent, said John D’Ariano, president of NAPPS. “We encourage pet parents to neuter or spay their pets to prevent overpopulation in shelters and help their pets live a happy, healthy life.”

NAPPS has prepared the following suggestions for pet sitters and pet parents wishing to support the efforts of Spay Day:

- Have your pet spayed or neutered as soon as possible.
- Support Spay Day on social media sites, including Facebook and Twitter.
- Pet sitters should encourage clients to have their pets spayed or neutered.
- Support national efforts by participating in local events highlighted on the [Spay Day 2011 website](#) which includes an [event planning guide](#).

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Millions of sheltered animals are waiting for a family to adopt them, and unfortunately, some of these pets will never find a home. By spaying and neutering their pets, pet parents can aid in overpopulation and help their furry friends live a healthier life. Share the message and help support Spay Day 2012. Learn more at <http://spaydayportal.humanesociety.org>.

About NAPPS: NAPPS is the only national nonprofit trade association dedicated to serving the needs of professional pet sitters. The Association aims to help the pet owning public, those interested in pet sitting, and professionals engaged in the in-home pet care industry by fulfilling its vision statement, serving as "the most respected authority in professional pet sitting." It does so by providing the tools and support to foster the success of its members. Additionally, pet parents can benefit from NAPPS' free resources including a disaster preparedness guide, tips on how to select a pet sitter, and a nationwide referral service,. To find a pet sitter in your area, check out NAPPS' nationwide "Pet Sitter Locator" at www.petsitters.org. For more information on NAPPS, please follow [@TheNAPPS](https://twitter.com/TheNAPPS) on Twitter or join us on Facebook at facebook.com/TheNAPPS.

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